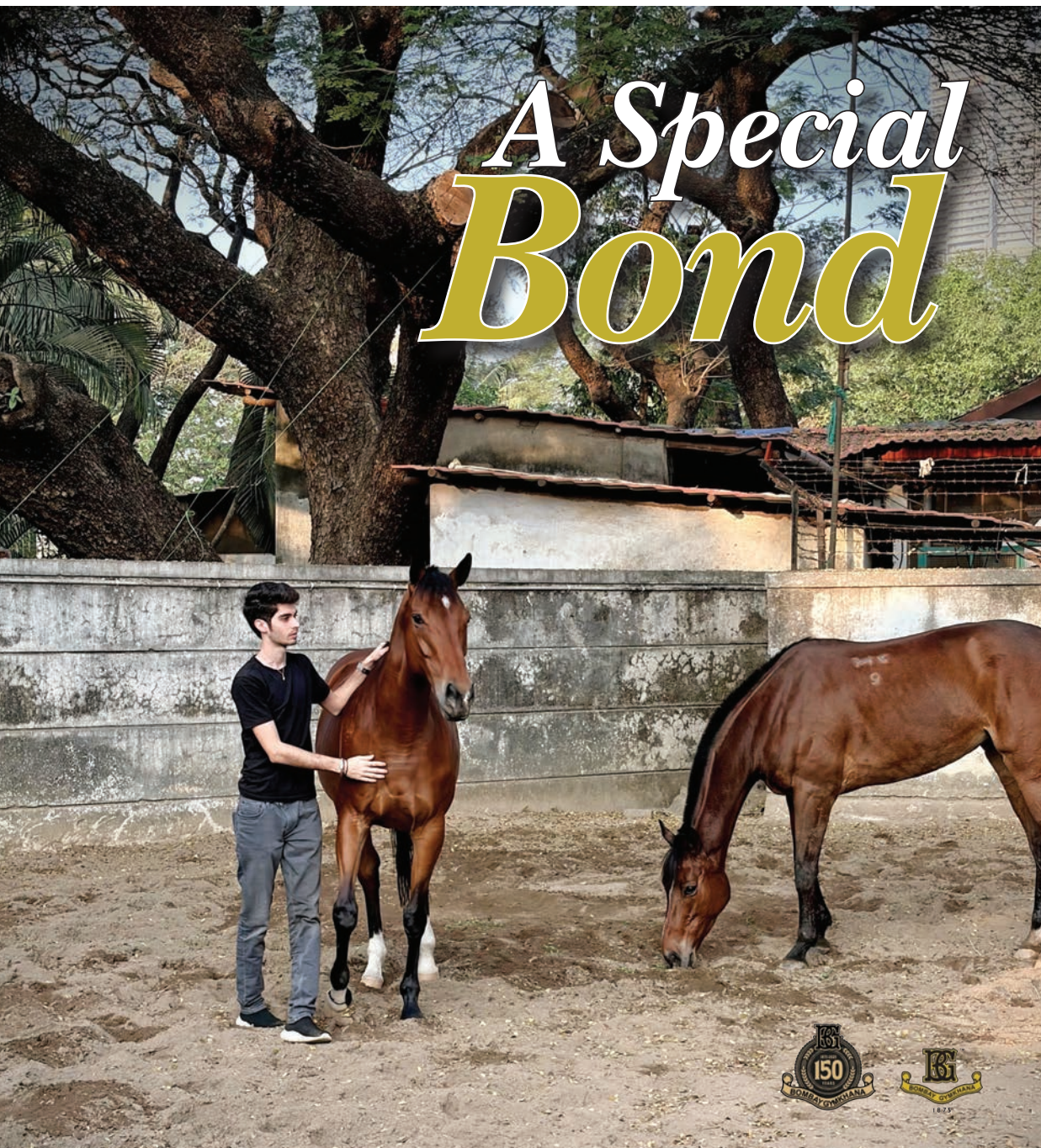


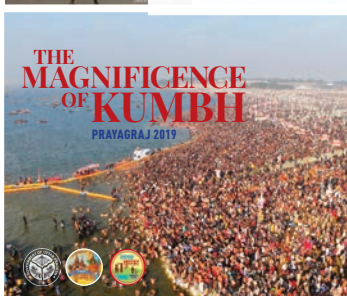
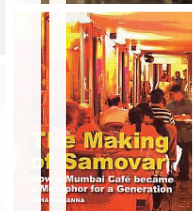
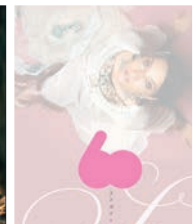
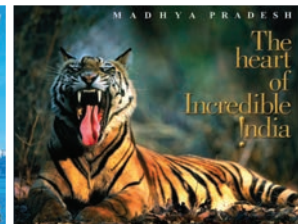
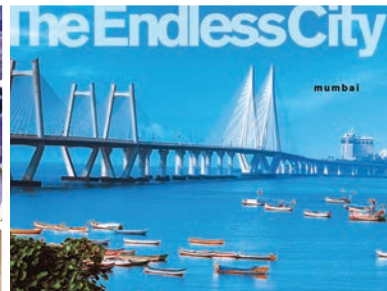
Black & Gold

The Bombay Gymkhana Magazine

October 2026 Volume 16 Issue 6

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Message to our Members



Dear Members,

The 151st Annual General Meeting of Bombay Gymkhana was successfully concluded on 27th September 2026. A particularly noteworthy feature was that all positions on the Managing Committee and Balloting Committee were filled **without a contest**. This is, to the best of my knowledge, a significant occurrence in the 151-year history of our institution. It reflects a measure of confidence and continuity in the leadership of the Gymkhana, while, at the same time, bringing **new members and fresh perspectives** into both the governing bodies of the Managing Committee and Balloting Committee. This combination of experience, continuity and renewal provides a strong foundation for the Committees to build on the work already undertaken and continue serving the best interests of

Bombay Gymkhana and its members.

I would like to place on record my sincere appreciation of our CEO, **Cdme K N Bhagat, VSM (Retd)**, and his entire team for conducting the electoral process seamlessly and efficiently; our Scrutiniser, **S N Ananthasubramanian & Co.**, for once again discharging their responsibilities with professionalism and diligence; and our **Code of Conduct Committee** members **S V Prasad** – Convenor, **Carl Saldanha** and **Vijay Runganadhan** for its important role in ensuring that the electoral process was conducted in a fair, orderly and transparent manner.

I would also like to acknowledge the outgoing members of the Managing Committee – **Joy Kapur** – Hon. Secretary, Tennis & Padel; **Kaizad M Fitter** – Hon. Secretary, Billiards & Snooker; **Mukarram Faizullahbhoj** – Hon. Secretary, Rugby and Balloting Committee members **Farookh Commissariat**, **Pierre Menezes**, **Maneck Unwala** and **Dr Prabhakar T Bhandary** for their commitment, time and contribution to Bombay Gymkhana during their respective tenures.

ELECTION RESULTS 2026

The following members have been elected to the **Managing Committee**, all **unopposed**:

Sanjiv Saran Mehra – President (Re-elected); **Bhavin D Kothari** – Hon. Secretary, Tennis & Padel; **Jahaan M Dastur** – Hon. Secretary, Rugby; **Rishabh Kumar** – Hon. Secretary, Billiards & Snooker.

The following members have been elected to the **Balloting Committee**, all **unopposed**:

Maitri Deshmukh, **Prem Kamath**, **Rajnesh Jain**, **Radhika Mehta**

I congratulate all the newly elected members and look forward to working closely with them in taking Bombay Gymkhana forward.

LOOKING AHEAD

The confidence placed in me through my re-election as President is deeply meaningful, and I accept this renewed responsibility with humility and a clear sense of purpose. Over the past three years, it has been my privilege to serve Bombay Gymkhana. I have endeavoured to do so with sincerity and dedication, while respecting the traditions, values and character that have made this institution special for generations.

The new term brings an opportunity to build on the progress achieved and address the challenges and opportunities that lie ahead. My commitment remains unchanged — to act in the best interests of Bombay Gymkhana, listen to our members, strengthen our governance and ensure that our institution continues to evolve while preserving the heritage that defines it.

Warm regards,

Sanjiv Saran Mehra
President

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All contributions to *Black & Gold* should be original and accompanied by your name, membership number and contact details. Material submitted is liable to be edited as may be determined by the Editorial Board.



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Special Training

Bombay Gymkhana recently organised a comprehensive CPR, AED and Basic First Aid Training Programme for staff members in association with the Indian Red Cross Society, an organisation with expertise in first aid and emergency response training.

A mixed group of staff members from various departments participated in the eight-hour training programme, which was designed to equip participants with the knowledge and practical skills required to respond confidently and effectively during medical emergencies.

The programme included both interactive PPT presentations and extensive practical demonstrations. Participants were trained in essential life-saving techniques, including Cardiopulmonary Resuscitation (CPR), use of an Automated External Defibrillator (AED), and basic first aid procedures. The practical sessions provided participants with an opportunity to practise the techniques and understand how they can be applied in real-life emergency situations.

The training emphasised the

importance of providing immediate and appropriate assistance during the critical first few minutes of an emergency, particularly in situations involving cardiac arrest, unconsciousness, injuries or other medical emergencies.

The programme was conducted in an interactive manner, allowing participants to clarify their doubts and gain hands-on experience under the guidance of trained doctors from the Indian Red Cross Society.

At the conclusion of the programme, all participating staff members were awarded certificates in recognition of their successful participation in the training.

The initiative forms part of Bombay Gymkhana's continued efforts towards safety and emergency preparedness and creating a safer environment for members, guests and employees. Equipping staff with basic life-saving skills not only enhances their confidence but also strengthens the club's preparedness to respond effectively to unforeseen medical emergencies. **BG**



Inside the thrilling Bombay Gymkhana Badminton League 2026!

Squeaking sneakers, lightning-fast rallies, dramatic dives and electric cheering filled the air as the Bombay Gymkhana Badminton League (BGBL) 2026 took centre stage on 24 and 25 July, culminating in a dramatic photo finish.

Setting the Stage

The excitement began on 16 July, when the club’s Dining Hall transformed into an auction room worthy of a major sporting league. Team owners battled it out with virtual paddleboards, bidding for players and strategising over their dream line-ups.

Player of the tournament
- Shreyans Mehta



- Six teams eventually took the court:**
- **Champions** — owned by Navalbir Kumar
 - **Birdie Hunters** — owned by Naheed Divecha
 - **Commandos** — owned by Jatin Aggarwal, reviving his classic team name from 2016
 - **Gorillas** — owned by Gautam Ashra, bringing back his 2024 moniker
 - **Roosters** — owned by Rustom Mody, also reviving his 2024 team title
 - **Avengers** — owned by Amol Shah

More than 74 players signed up, with the tournament attracting members from Padel, Tennis, Cricket and Squash alongside Badminton regulars. Players

The Captains



sported custom team T-shirts and Babolat bags, while Babolat supplied the Babolat-1 shuttlecocks and Fast&Up kept players refreshed. Badminton Gurukul handled the court set-up and tournament operations.

Two Days of High-octane Action

Six teams of 12 players battled it out in a round-robin format over two days, with depth and doubles chemistry proving crucial.



The runners up - Naheed's Birdie Hunters

The tournament's Icon Players — Deepak Jaitly, Nigel Dsa, Rehaan Engineer, Mishil Shah, Pratik Tiwari and Avinash S — delivered some spectacular badminton. The standout, however, was **Shreyans Mehta**, whose impressive run earned him the **Player of the Tournament** title.

Photo Finish

The final standings delivered a thrilling finish. **Birdie Hunters** and **Champions** were level on league points and games won, leaving the championship to be decided by total individual game points accumulated across the tournament.

When the numbers were tallied, Champions edged ahead to claim the trophy — living up to their name in the most literal way possible!



A strong turnout

Shuttlecocks, Steaks & Celebrations

The tournament concluded with a prize distribution and dinner. Zarir Meherji, CEO of Florian Hurel Hair Couture and Spa, presented ₹5,000 gift vouchers to Champions and ₹3,000 vouchers to runners-up Birdiehunters. Every player also received a gift hamper.

The Badminton Sub-Committee also launched the club's dedicated Instagram handle,

@bombaygymbadminton, giving members a new way to follow the sport and relive the tournament's highlights.

BGBL 2026 was ultimately a celebration of sporting talent, camaraderie and club spirit. Here's to the next edition — but until then, keep smashing! **BG**



A Winning Weekend

Highlights from the Bombay Gymkhana Doubles Padel Championship 2026

The Bombay Gymkhana Doubles Padel Championship, held from 4 - 6 September 2026, brought together



Men's Advanced winners Jehan Mehta and Arjun Kochhar



Open Intermediate winners Nakul Vengsarkar and Cyrus Aga

Champions & Runners-up

Men's Advanced



Winners:

Jehan Mehta/ Arjun Kochhar



Runners-up:

Rupen Jhaveri/ Anand Kothari

Open Intermediate



Winners:

Nakul Vengsarkar/ Cyrus Aga



Runners-up:

Pia Kothari/ Anisha Mirchandani

Men's Masters 50+



Winners:

Joy Kapur/ Arjun Mukherjee



Runners-up:

Ritesh Bhavnani/ Vishal Jhunjunwala

Women's Open



Winners:

Pia Kothari/ Anisha Mirchandani



Runners-up:

Vanshika Kaji/ Rhea Bhandare

the club's growing Padel community for three action-packed days of competition, camaraderie and some outstanding Padel.



Men's Masters 50+ winners Arjun Mukherjee and Joy Kapur



Women's Open winners Pia Kothari and Anisha Mirchandani



The championship featured four categories — men's advanced, open intermediate, men's masters 50+ and women's open — with players competing through the group stages before progressing to the knockout rounds and finals.

From the opening matches on Friday through to an exciting finals day on Sunday, the courts saw plenty of closely fought contests, long rallies and some excellent performances. More importantly, the tournament was played in a wonderful spirit, with players and members coming down throughout the weekend to support the matches and add to the atmosphere around the courts.

A special thank you goes to the Bombay Gymkhana Padel Committee for organising and supporting the championship and helping make the three-day event such a success.

The tournament would also not have been possible without the tremendous support of the club staff, court staff and ball boys, who worked tirelessly throughout the weekend and played an integral role in ensuring that the matches and overall tournament ran smoothly.

Finally, a big thank you to all the players who participated and contributed to the competitive yet friendly spirit in which the championship was played.

Congratulations once again to all the champions and runners-up, and we look forward to seeing the Bombay Gymkhana Padel community back on court for many more tournaments in the months ahead. **BG**



The Championship *Mindset*

What really goes through a swimmer's head on championship day?

Kaveri Shah dives right in

As a swimmer, I've spent enough championship mornings standing on the diving board, heart doing its own personal best, to wonder what's running through the minds of the swimmers who make it look effortless. Our achievers competed at both the State and National Swimming Masters' Championships, proving that "Masters" swimming is very much alive, competitive and record-breaking.

The race that they were happiest with

For Dinshaw Pardiwala, it was the 50m Breaststroke. A silver at the 2026 Masters' Nationals and a 15-year-old record broken at the YMCA Meet, all on what he modestly calls "very limited

training." (Some of us need three alarms just to make it to practice on time.) Kapil Sanghi found his joy in both the 50m Freestyle and 50m Breaststroke; two personal bests, "executed as planned". Karan Rai shaved over three seconds off his state time in the 50m Butterfly, and Moeen Shirazi, who swims the stroke by trade, wandered into an "actual Freestyle" race and clocked a best of 26.94!

Sixty seconds before the whistle

Here's where the personalities really surface. Pardiwala mentally replays his entire race—dive, breakout, turn, finish—honing stroke count and streamline. Sanghi, refreshingly, thinks about nothing at all, just breathing his



Winners' parade: Dinshaw Pardiwala, Kapil Sanghi, Moeen Shirazi and Karan Rai

way into calm. Rai's pre-race mantra is blunt: Don't false start! A rule so unforgiving that one twitch off the blocks can erase months of training. And honestly, if that's not the most stressful sentence in sport, I don't know what is.

Lessons that outlast the pool

Every swimmer, without fail, turned philosophical here. Pardiwala: no shortcuts exist. Shaving one second off a 50m sprint takes the same discipline life demands elsewhere. Sanghi similarly calls it consistency and effort over a long period of time. Rai credits the sport with teaching him patience. Hours of waiting for a race that's over in under 40 seconds. Shirazi sums it up simply: goals meet the work you put in.

Why we keep coming back

Ask what makes championship day worth it, and it's rarely the podium. It's Sanghi's "tribe"—old rivals turned friends. It's Rai's camaraderie, the only thing that survives the waiting, the nerves, the wins and losses. It's an opportunity for Pardiwala to discover how far he can push his own limits against elite competition. And it's Shirazi's simple thrill of deck-side energy before a race.

My takeaway? Every swimmer has a different ritual, superstition, a different relationship with silence before the whistle, but the same stubborn belief that one more second is always worth chasing. Talking to them left me wanting to try my luck, rusty strokes and all. Here's hoping it does the same for a few more of us. **BG**

National Swimming Master's Championship

Moeen Shirazi

50m Freestyle – gold; 100m Freestyle – gold; 100m Butterfly – gold

Dinshaw Pardiwala

50m Breaststroke – silver; 50m Freestyle – 4th; 100m Breaststroke – 5th; 200m Breaststroke – 7th

Kapil Sanghi

50m Breaststroke – 4th; 100m Breaststroke – 4th; 100m Freestyle – 6th; 50m Freestyle – 13th

Karan Rai

50m Butterfly – 8th; 50m Backstroke – 8th; 50m Freestyle – 11th

Champions *on Court*

All the excitement from the 49th Bombay Gymkhana Maharashtra State Open Squash Tournament



Prize winners at the 49th Bombay Gymkhana Maharashtra State Open Squash Tournament

Adopting contrasting routes, Rahul Baitha and Rathika Seelan captured the men's and women's titles respectively in the 49th Bombay Gymkhana Maharashtra State Open Squash Tournament, which concluded here recently.

Displaying great fighting qualities in what turned out to be an engrossing

contest, the second seed Baitha stunned the top seed Om Semwal in the men's summit clash, which went the distance. In contrast, the women's final played earlier saw Seelan having little trouble in gaining the top honours, sailing through her clash against second seed Akanksha Salunkhe in straight games.

The six-day tournament, sponsored



Rahul Baitha with the trophy after winning the men's title

by Franck Olivier, was successfully conducted at the Bombay Gymkhana Squash courts. The tournament received a record 725 entries this year, making it one of the biggest editions of the event. The event witnessed good participation and competitive matches across various categories.

Shifting attention to the finals in the under-19 section, there were hardly any surprises as top seeds Purav Rambhia and Akanksha Gupta were in complete command as they claimed the boys' and girls' titles respectively.

Rambhia hardly broke a sweat as he dismantled Agastya Bansal 11-1, 11-3, 11-2. En route to capturing the girls' under-19 title, Gupta accounted for second seed Vyomika Khandelwal in identical fashion, breezing through in straight games.

Upsets were witnessed in the under-15 categories as Amarya Bajaj and



Women's champion Rathika Seelan strikes a happy pose with the trophy

Divyanshi Jain came up with impressive performances as they stunned their highly ranked opponents in keen contests to stamp their supremacy.

The well-executed tournament provided an excellent platform for competitive Squash. The prize distribution ceremony and high tea were held in the Dining Hall, marking the formal conclusion of six days of keen competition. **BG**

Shining Bright!

Leah Kothari, a student of Bombay Gymkhana's Advanced Coaching Programme, continues to make her mark in competitive Tennis. On 16 September 2026, she finished runner-up in the under-14 category at the DSO Tennis Tournament, held at MSLTA, Mumbai. The achievement adds to an impressive record at All India Tennis Championship Series tournaments, including a semifinal finish in the under-12 category in Jaipur, a semifinal in the Mumbai under-14 event and a runner-up finish in under-12 Doubles. Competing successfully across both age categories, Leah's performances reflect her dedication, consistency and progress. Bombay Gymkhana congratulates her and wishes her continued success.



Know Your Nerves



Jaslok Hospital and Research Centre hosted an insightful health talk at Bombay Gymkhana on the topic 'Nerves After 60'. Dr Vinaya Bhandari, Consultant Neurology & Neuromuscular Disorder Specialist, discussed the natural changes in the nervous system with ageing and warning signs that warrant medical attention. She addressed common concerns such as numbness,

tingling, muscle weakness, imbalance, memory lapses and neuropathies, while emphasising the importance of early diagnosis and timely management. Members also received practical tips on maintaining nerve health through exercise, balanced nutrition, good sleep, and managing diabetes and blood pressure. The interactive session concluded with a lively Q&A. **BG**

Inside IIT

Shaila Mallik captures highlights from author Prabhat Kumar's talk on the IIT journey



At BG Conversations on 1 September, member Prabhat Kumar spoke about the history of the Indian Institutes of Technology (IITs), drawing from his recently published book, *IIT: The Story of India's Most Prestigious Educational Ecosystem*. He says the IIT story is the India story, as its journey began around the time India became a republic and grew alongside the country.

The first IIT was established in Kharagpur, near Kolkata, in the grand building that had housed several eminent freedom fighters in its earlier avatar as the Hijli Detention Camp. The region was rich in coal and iron, and industrial growth was expected to be high. The IITs were established to meet the young country's need for engineers who could fuel industrialisation and self-sufficiency.

The finest brains in the country found their way to the IITs, and several leaders of industry worldwide are proud alumni. But then came the "brain drain", with many graduates heading overseas to seek their fortunes. Mr Kumar believes

that the growth and development opportunities they once sought abroad are now increasingly available in India. He is on a mission to encourage young alumni to look within India for opportunities that contribute to both their personal growth and the nation's development. He calls this movement **"from Silicon Valley to Indus Valley"**, noting that the opportunities the US offered in the '80s are now emerging in India.

The number of IITs has grown from five to 23, which Mr Kumar described as part of the democratisation of the institutes.

Members, especially IITians who were present, had several questions, including one from a 14-year-old in the audience about the brain drain. How is IIT handling the growth of AI? Why do the IITs not figure more prominently in international rankings? These questions led to a lively discussion that brought the talk to a close.

Keep following Library announcements for more such interesting events. **BG**



Reena Agrawal shares CEO-turned-author **Sanjiv Sarin's** reflections on spirituality and more

The back flap of *The Other Side of the Mountain: A CEO's Journey through Spirituality* by Sanjiv Sarin reads thus – “A seasoned business leader writes about his journey into spiritual learning and its impact on his corporate life.”

The first thought that comes to mind is what set the author on this path of spirituality. At the Library's Meet the Author event on 11 September, coincidentally held on the same day Mumbai was shaken by the deadly terror attacks of 2008, Sanjiv Mehta opened the conversation by recalling Sarin's life-changing near-death experience during the same attacks. Holed up in the hotel, Sarin emerged a different man.

Many months later, unbeknownst to him, an Art of Living session was to change his course of life.

The conversation between Sarin and Mehta offered an insight into the impact of spirituality and philosophy on his life, meditation and the meaning of power. With an air of calmness, nuggets of



wisdom from his learnings were shared – **express your anger, don't get angry; introspection is imperative; a clear mind is a creative mind; find the purpose of one's life.**

When the chapter of corporate life closed at retirement, working with communities opened a new chapter, where he found gratitude and humility as the pillars upon which humanity rests. Throughout his corporate career, Sarin led by action, guided by the mantra that being human is the need to be human. It was time to put these to greater practice. Responding to questions from the audience on whether the value of life and death changes over time and how one rationalises harmful happenings like war around us, he answered in simple words: **Be of service to humanity, find your purpose.**

The book cover has a serenity to it, reflecting what the reader can expect between the pages. Find a copy in the BG Library and read it at leisure. **BG**

Shared Connections

Zia Hajejbhoy reports on the lively and personal conversation sparked by Lori Gottlieb's engaging book

Our recent book discussion on Lori Gottlieb's *Maybe You Should Talk To Someone* was one of our most deeply engaged sessions yet. Gottlieb, a well-known therapist, traces the stories of her patients and their journeys through therapy, while interweaving her own story — from television and journalism to medicine, and finally therapy — including her own need for counselling after a painful heartbreak.

With over 16 participants and voices across genders, as well as from fields such as journalism and counselling, the discussion brought a range of meaningful perspectives to the theme of the book and the author's own career. The conversation was lively, thoughtful and deeply passionate. It really did seem to touch many chords.

What made the discussion so rich was how strongly the characters resonated. Julie, facing terminal cancer; John, seemingly narcissistic but carrying profound grief and loss; and Rita, approaching old age burdened by guilt, shame and regret — each brought alive different dimensions of despair, hope, grief, relationships



and the possibility of change.

Participants spoke passionately about the characters who touched them most, shared lines from the book that had stayed with them, and connected the stories to people and experiences from their own lives.

The book deals with a serious topic — mental health and therapy — yet it is easy to read, warm and

funny. As the discussion moved between heartbreak, insight and humour, the Library filled with laughter.

We could easily have continued much longer; people had so much more to share!

Perhaps that was the most fitting conclusion: whether for ourselves or for someone we know, sometimes it really does help to talk to someone! **BG**



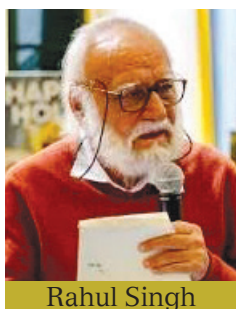


The Lit Trail

Two much-loved literary festivals on the same weekend, both with a Bombay Gym connect...

If you love books and conversations, 23–25 October is a weekend to mark on the calendar. At one end, the hills of Kasauli will host the Khushwant Singh Literary Festival; closer home, Literature Live! The Mumbai LitFest will bring the literary world to the city...

The Khushwant Singh Lit Fest 23–25 October



Rahul Singh

"Though he loved his years in Bombay, my father's heart lay in the tiny cantonment hill station of Kasauli, in the Himalayas, where we had a family villa. It was here

that he did much of his writing. Which is why we decided to start a litfest in his name at the iconic Kasauli Club — the Khushwant Singh Literary Festival (KSLF)," shares Rahul Singh, speaking of his late father, the celebrated writer, editor and columnist Khushwant Singh.

From an audience of around 200 a day when it started 15 years ago, KSLF has grown to nearly 1,000 attendees daily. "KSLF has put Kasauli on the literary map of not just India, but the world," says Singh, who has been a member of Bombay Gymkhana since 1963, as was his father in the 1970s. "Do come, breathe in the clear mountain air, and get inspiration from some of the best minds in the world!" smiles Singh.

Visit <https://kslitfest.com/>

Literature Live! The Mumbai LitFest 23–25 October

Literature Live! The Mumbai LitFest returns bringing together writers, thinkers and artists for three days of conversations, debates, book launches, performances and workshops. Alongside the main festival, The Little Festival (22–24 October) offers younger readers stories, ideas and sessions.

Founded by the late Anil Dharker, a Bombay Gymkhana member, the festival has been presented without a break since 2010, presenting the best of the best of the world's writers, movers and shakers.

It also continues to have Bombay Gym members closely involved, including Quasar Thakore Padamsee and Reena Agrawal. BG's Gayaatri Nain will be the youngest moderator. Malvika Bhatia, Nandita Da Cunha and Cyrus Broacha are among the speakers. Members Mala, Madhu, Dheera and Radhika, along with members of the Book Club, have supported book drives, while Anaita Davar, Mrinalini Harchandrai, Kirk D'Souza and Saumya Balsari have judged writing events. Zia Hajeerbhoy, Vivek Hurry and Maneck Davar have also served on festival juries. Lit lovers, make the most of it!

Visit www.litlive.in BG



Good Vibes Only!

The Bombay Gymkhana hosted a much-awaited Parsi Bhonu on 23 August, and it was a complete sell-out! Members turned out in full force to savour an authentic Parsi feast curated by renowned chef Tanaaz Godiwala. From aromatic Mutton Pulao and Dal and Patra ni Machhi to rich Sali Boti and beloved Lagan nu Custard, every dish celebrated the flavours and traditions of a Parsi kitchen. More than a meal, it was a delicious afternoon of culture, hospitality and community.



The Dining Hall & Gym's Inn Bar transformed into an after-hours lounge on 11 September, for an unforgettable Bar Nite with DJ Vishal. With signature pours, great company and an infectious mix of commercial chartbusters, retro favourites and deep-house grooves, DJ Vishal kept the energy high and the dance floor buzzing well past midnight. **BG**



Music & Magic



Some voices never fade; they simply become more timeless with the years. On Saturday, 5 September, Bombay Gymkhana's Dining Hall came alive with '**Yeh Shaam Mastani – The Magic of Kishore Kumar**', a heartfelt tribute to the legendary singer, actor and comedian. Talented duo Ravindra and Alifia brought Kishore Kumar's legacy to life with powerful vocals, versatility and infectious energy. From the romantic charm of '*Yeh Shaam Mastani*' to the soulful '*Chingari Koi Bhadke*' and the playful '*Hawa Ke Saath Saath*', each song had the audience singing along and applauding. With a packed hall and an electric atmosphere, it was nostalgia served live. **BG**



Night OF Rock



The Dining Hall at Bombay Gymkhana came alive on 21 August as Gary Lawyer took the stage for a memorable live performance. With his powerful, soulful voice, Lawyer treated members to a repertoire of timeless classics and much-loved favourites, captivating the audience from the very first note. Accompanying him on guitar were Christopher Fonceca and Jayesh Gandhi, adding depth and energy. The atmosphere was electric, with members singing along, swaying and enjoying every number.



“Follow your heart”

Fresh from a performance that brought the house down at the club, Gary Lawyer talks music, life offstage and staying true to yourself with **Malika D'Cunha**

Watching Gary Lawyer light up the stage at Bombay Gymkhana, I was struck by his easy connection with the audience. There was a warmth and familiarity in the way he performed, with the crowd happily vibing along. As a young musician, I was particularly excited to meet him, hear his perspective and learn more about the person behind the music.

Was there a particular moment when you realised 'this isn't something I love doing; I want this to be my life'?

I think, from the time you're born, very honestly. I can't recall a time when I wasn't attracted to music. It was not just a liking; it was a passion, an obsession. It was something you knew you had to do. You don't know when or how or where, but those answers come in due course. Like an athlete knows that he's a good runner or a good high jumper, I knew it all my life.

How did you figure out what your sound was rather than simply following what was popular?

I was always into jazz and the blues. It was purely Western music. I was never drawn to Bollywood music, although everybody tried to get me into it. I follow my heart and soul, and it keeps me happy. I'm very strong-minded in the sense that what I like, I really like.



What comes to your mind when you first sit down to write a song?

There are some songs where the lyrics flow first; then there are others where the melody comes into your mind. I really don't know how that phenomenon works. Sometimes a song comes so easily, it's almost like it's been given to you as a gift. There's no one process. When there's a record company, of

course, your mind works faster because you know you must deliver an album. But I'm not the kind who will just sit down and do an album for the sake of doing one. There must be some kind of direction.

What is Gary Lawyer like when the stage lights go off?

I keep a balance. I'm not really a spotlight person. I'm very happy on my own, watching TV or being on the computer, recording a song or whatever.

How do you spend your free time?

Evenings are for music; I've recorded hundreds of songs in my own little studio at home. I've got a new guitar, so I've been playing a lot. I'm very into motorcycles, so I look after my bike. One ritual every day is my swim in the morning at the other club. We meet a lot of people and enjoy going out for dinners and parties, but I don't like to be crowded by people. I love my time. I watch a lot of television and YouTube, follow politics and am interested in interviews, stories and wildlife. And in this profession, you meet so many lovely people. That's one of the plus points.

If you could sit down for a drink with any musician, who would it be?

I'm not hung up on meeting big stars, even if I respect them greatly as musicians. My main thing is that whoever I'm introduced to is a nice person.

However, when I'm given an assignment, like we did at Bombay Gym, it's very important that I do a great show that people don't forget. Fortunately, that happened for me. Everybody is walking up to me and saying, "Gary, everybody loved you

at Bombay Gym. It was such a great show." That's a nice feeling because I waited for so long to do Bombay Gym. I'm glad it finally happened.

You've witnessed enormous changes in India's music industry, including in your own journey...

Western music is still very much a stepchild. I think the one thing that's happened in India is that it's gone so deep into this phenomenon called Bollywood that it's completely taken over the so-called music scene.

What advice would you give aspiring musicians?

I don't think any of us are in a position to give advice. Luckily, I've noticed that more parents are proud of the fact that their children have got into music. I've heard parents say, "Gary, I've told my son, he wants to do music, go ahead and do it. I've made enough money. I'll support him."

That wasn't the case when I was growing up. Coming from a conservative Parsi household, it was, "My God, you're meant to be a lawyer or a doctor." Music was never considered a viable profession. Of course, now all that has changed. When I was growing up, you couldn't buy yourself a decent guitar here. Now you can get every guitar, amplifier or drum set you want. You get better instruments and sound quality, so you feel like playing more.

So, my advice would be: just follow your heart. Don't plunge into it thinking that you'll become the next Bon Jovi or the Beatles or whatever. Keep your head on your shoulders. **BG**



From Wapiti to Tejas

Marking Indian Air Force Day, **Commodore (Dr) Sanjay D'Cunha, VSM** reflects on IAF's transformation over nine decades

On 8 October, we celebrate Indian Air Force Day—a fitting occasion to reflect on an extraordinary journey that began more than nine decades ago. The sight of our fighter jets and the unmistakable roar of their engines fill us with pride and strike fear in the hearts of our adversaries.

The Indian Air Force (IAF) was established in 1932.

Its first operational flight, on 1 April 1933, comprised just six RAF-trained officers, 19 airmen and four Westland Wapiti IIA biplanes. From these humble beginnings emerged a force that would earn distinction in the Second World War and in every conflict that followed.

The transformation since then has been remarkable. The Wapiti has given way to aircraft such as the MiG-21, Jaguar, Mirage-2000 and Su-30MKI, while the induction of the Rafale has added another dimension to India's combat capability. The IAF has also steadily expanded its reach through sophisticated transport aircraft, airborne, early-warning systems, helicopters and unmanned platforms.

Perhaps most significant is the growing indigenous content of this transformation. Tejas, India's indigenously designed and



manufactured fighter, represents a very different India from that of 1933. Its successor, the Tejas Mk1A, incorporates AESA radar, advanced electronic warfare systems and modern avionics. The C-295 programme similarly combines advanced capability with increasing Indian manufacturing.

As a Naval officer, the IAF is our brother in arms and a vital partner in securing India's maritime and national interests. From the earliest days of our training as officer cadets at the National Defence Academy in Khadakvasla, we built bonds that would last forever. The close camaraderie with our other Armed Services – the Army and the Air Force, will outlive institutional relationships as we strive for India to attain her manifest destiny as a behemoth in the comity of nations. The future will demand still greater integration of air, land and maritime power, alongside space, cyber and unmanned capabilities.

But on Air Force Day, it is worth pausing simply to celebrate the journey—from four Wapitis at Drigh Road to an increasingly sophisticated aerospace force. It is a journey of courage, professionalism, innovation and, increasingly, self-reliance. Jai Hind. **BG**

Second Innings

Manoj Rane on how he is making the most of his Bombay Gymkhana membership

After enjoying the Bombay Gym lifestyle for 15 years as a corporate member (where my employer paid for my pleasure), it was indeed a sad day when I had to say goodbye. My wife and I were quite conflicted about which was the bigger tragedy -- quitting my job and monthly pay cheque or losing our Bombay Gym membership!

But I am like a bad penny that keeps returning, which BG was soon to find out. As soon as memberships opened, despite the Covid outbreak, we put up our hands, opened our wallets and were readmitted. Though I must confess I soon learnt that life is great even with one kidney so long as you can exchange the other for a BG membership!

We still had to undergo the mandatory interview process. For us, it was a joyful reunion with many friends in the Balloting Committee, though the jury is still out on whether it was the same for them.

We were welcomed back with a lovely kit containing a tie, scarf and cufflinks, which I thought was a great gesture, till I received my first bill!

Back in our beautiful BG, we are fully immersed in club activities and I won't be offended if you think we are part of the furniture. Despite being a banker



and chartered accountant to boot, I am not trying to get full value for my investment.

On a serious note, BG has given us far more than it has cost us over the last couple of decades. We have indulged in sports and leisure activities to our heart's content. We swim,

play Cricket (I confess, my first love), Badminton, Tennis and even Housie! In fact, we have won so many smart watches at the latter that we feel we are getting smarter as we grow older.

The Library remains my favoured spot, where I keep discovering new authors and reconnecting with old ones. Our improved (!) health and fitness, both physical and mental, is of course a byproduct. It's lovely to reconnect with old friends and make new acquaintances. BG is BG mainly because of its members: most of them (bar a notorious few) continue to spell class.

I conclude with an anecdote from 2003, when I was undecided between the three Mumbai clubs and ran into Ajit Wadekar at the entrance to BG. He advised me to choose BG, saying it had the best sports culture of the three. He did make some remarks about the age profile of the other clubs, but I had best not mention them here! **BG**



Beyond the SADDLE

Kaveri Shah speaks to young equestrians **Niharika Singhania** and **Neil Malaney** about their four-legged partners in sport

Neil: It means ensuring animals live safe, healthy and respected lives. Polo shifted my mindset: countless nights at the stables caring for sick or injured horses showed me the time and energy safety demands. A hurt horse can't be ridden; recovery takes months.

Niharika: It means an animal feels safe, respected and cared for, emotionally as well as physically. Riding deepened my understanding of how much horses depend on us. Their welfare must come before results, medals or ambition. A horse's trust is a responsibility, not an entitlement.

Two young achievers from the equestrian sporting community — showjumper Niharika Singhania, the only woman representing India in Showjumping at the 2026 Asian Games, and Polo player Neil Malaney, part of the next generation on the field — are already making their mark, built on a partnership with an animal. As the world marks Animal Welfare Day (4 October), they speak about what that partnership really demands of a rider...

What does animal welfare mean to you? Has being an equestrian changed the way you think about it?

How do you read what a horse can't say?

Neil: It's a feeling rather than something easily put into words. Hours in the saddle teach you to anticipate reactions and trust your gut, instantly feeling when a horse is nervous, happy or comfortable.

Niharika: It comes from time spent with them, especially outside the ring. Notice the smallest changes in expression, body language and behaviour; every horse communicates differently. Listening

means recognising when something feels different and taking the time to understand why.

What makes it a partnership rather than just an animal being used for sport?

Neil: Caring for them at the stables builds a deep connection. Without mutual trust, a partnership is impossible. Polo demands split-second decisions; a horse that doesn't trust you puts itself, you and other players at serious risk.

Niharika: The horse is not just a means to an end. It means respecting their limitations and putting their well-being first. The horse gives me everything he has because he trusts me; if a horse doesn't trust you, there is no sport.

Where do you think a line should be drawn when welfare and ambition conflict?

Neil: Without the horse, the game doesn't exist. We use four to six horses per game, rotating them every 3.5 minutes so none over-exhausts, and bench our best if it is tired or hurt. You never sacrifice a horse's long-term health for a single match.

Niharika: The moment a goal requires compromising the horse's physical or mental wellbeing. Ambition matters, but never at the expense of the animal who makes it possible. No competition, however important, is worth risking a horse's welfare.

What's one thing you would change about how society treats animals?

Neil: I would want people to understand that horses are sensitive animals. At the racecourse, many visitors don't realise that sudden loud



noises, speeding cars, or shouting can startle them and cause them to injure themselves. I'd love people to keep the surroundings of animals calm and stress-free.

Niharika: I would wish for more empathy, whether for street dogs and cats or overworked cart horses. Animals experience fear, pain, comfort and happiness just as we do, and their value shouldn't depend on what they provide us. Seeing them as individuals would change a lot.

If your horse could speak to you for one day, what do you think it would say?

Neil: It would ask for food and to run free! We turn them loose weekly; they love just being a horse again.

Niharika: My horse Cash would ask for treats! But I'd love to hear how he experiences what we do together, even though the bond between horse and rider runs deeper than words. **BG**



An Empty Space

In Samarkand, on a mausoleum wall
Two calligraphic tiles did flank
A bare rectangular area
No inscription, just blank.

For lack of inspiration
The scribe decided to skip a tile
He could not force the words
He could not force his style.

If you have nothing meaningful to say
Better stay silent, keep quiet
Don't make a hullabaloo
Don't create a riot.

Your silence will speak a thousand words
Far more than what you could say
So let that be your *ishaara*, your *tariqa*
So let that be your way.

For sometimes in life a pause is wise
No chase, no pace, no race
Above the chatter you may rise
Just by leaving an empty space.

- Kirk

The Empty Nest

Shivani Rahimtoola's personal take on navigating life after one's child leaves home



The title itself is enough to explain the inexplicable grief a mother goes through when she has to cut the umbilical cord and let her child out into the real world.

Whoever tells you that you are ready for this phase of life is bluffing! The usual advice is to get busy with yourself and find something to do. But how does that work? How can you substitute any activity, hobby or person for your one and only child?

No more doors banging at home. No more calling out to the staff. No more shrills, shouts, laughter or any kind of pleasant noise. Only silence. The days get longer. All you do is count the hours and days.

When will he ring the doorbell incessantly? When will he bang my room door until I open it? When will I get that affectionate hug? The way he walks into the room and immediately judges my mood: "What's wrong, Mom? Talk to me, Mom."

No more protein bars. No more boneless chicken orders. No more junk food snacks or Swiggy orders. His room door is shut. Should I go in or avoid the 'Niagara Falls' that will ensue? And then there is that beautiful, sunny smile that brightens up my day...

Coping with 'empty nest' syndrome is not easy but deal with it we must! Here's what I have been trying and testing...

If you are a homemaker, join a charitable organisation with flexible timings and put in a few hours a week. Do some good while giving yourself a sense of purpose.

Learn a new hobby or language. There is so much available online and it is never too late. Join a dance class – Bollywood or salsa. Fun and fluid!

If you have not yet joined a gym or exercise class, please do! It is a great way to get those endorphins flowing. Learn Mahjong. There are so many variations, and this has ironically saved me! It keeps you engaged and is also a great way to network.

Join a library. There is no better place to get lost in the 'world of fiction'. (Bombay Gym's own Book Club that meets every month would be a good place to start!)

Take pencil to paper and draw or paint. It is therapeutic and a wonderful way to express your feelings.

As Mark Twain said, "The secret of getting ahead is getting started." **BG**



Ageing & Thriving!

Aarti Kelshikar explores the habits and attitudes that help make the later years fulfilling

Many of us spend a large part of our lives working and managing responsibilities. But given longer lifespans and societal changes, how do we prepare for the transitions that come with age?

1 October is the UN International Day of Older Persons, observed globally every year. We spoke to a few senior citizens about what it means to age well and what helps them continue to live full and happy lives.

Join a community or network

When I asked a senior member of Bombay Gym, what kept him so busy, he reeled off a list – his work with an NGO, involvement with a consumer

forum, golf and other hobbies. Then he said something that made me laugh: **“Friends are also a hobby!”**

There is more wisdom in that statement than we realise. As we live longer, ageing well isn't only about physical health. We know from research studies that **the social aspect contributes immensely to our well-being as we grow older.**

Connect with people who share similar interests or passions. Start with the desire to contribute. Over time, the benefits of belonging to a network naturally accrue, taking us beyond the “what can I get out of this?” mindset.

As we grow older, our friends grow older with us, and may not always be around or available, which makes it even more important to cultivate new connections and interests.

Cultivate interests

An elderly relative shared how as a child, every year she would read her mother's book on gardening. Years later, that gardening book became a useful reference for her when she started her landscaping business. The point being: you never know what may prove useful in life; read and read widely across diverse subjects.

The interests we cultivate in our 30s, 40s and 50s can become an important part of our lives later. Careers have an uncanny ability to fill whatever space we give them. Invest in hobbies: don't wait until retirement to discover them!

Stay close to family – but have a life beyond it

This may be particularly relevant in India, given how many of us centre our lives around our children and grandchildren. Yet, one meets empty nesters grappling with anxiety, and older people who are lonely despite living in the same house as their family. The trick is to find the sweet spot – staying connected with family while continuing to have friendships, interests and a life distinctly your own.

Find ways to remain useful

For Namrata (name changed), volunteering has been hugely important. Her involvement with an NGO for over two decades has enabled her to contribute her experience and knowledge. A former senior banker, now retired, spends much of his time mentoring young people.

A common thread as one grows older is a mindset shift from **“What can I achieve?”** to **“Where can I contribute?”** It's about finding ways to stay interested and relevant.

Keep learning

Join a book club. Learn an instrument. Write a journal, blog or post on social media. Engage with younger people. Stay interested in what's happening around you. **Curiosity is such a powerful driver!**

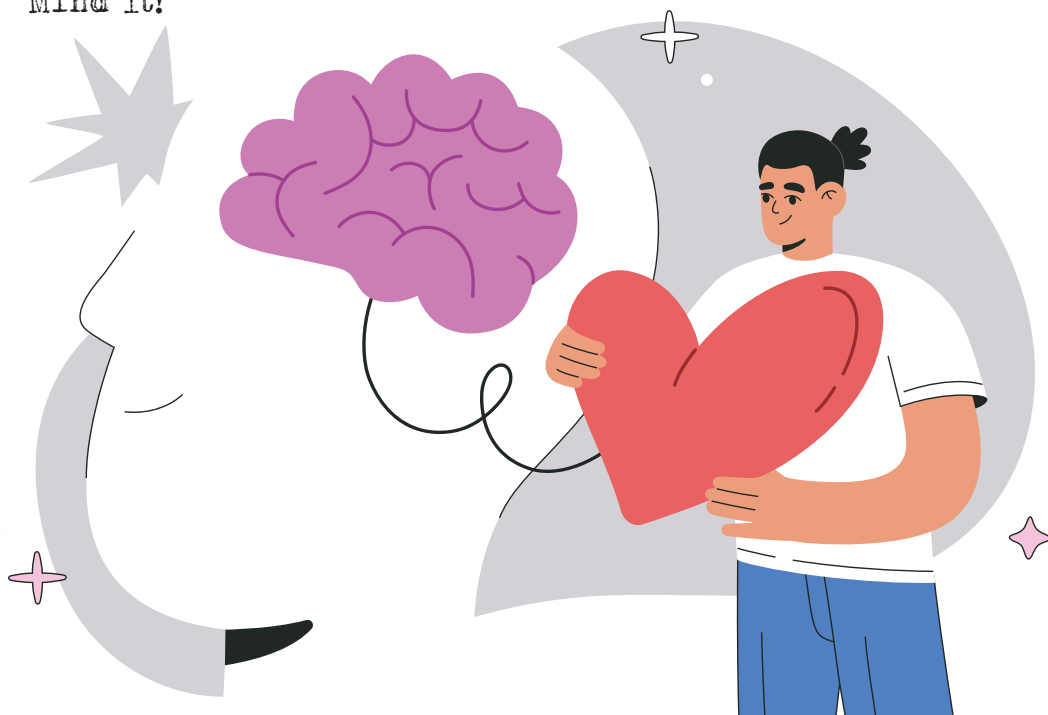
A friend shared how her neighbour's world gradually became smaller as she stopped reading and lost much of her social circle. She later developed dementia. While dementia is influenced by many factors, her experience is a reminder of how important it is to consciously keep our minds engaged.

Second Act?

We are hearing more about “Second Acts” – something a person devotes their later life to after retiring or leaving a former occupation. I know so many people who've shifted from conventional corporate careers to do something completely different that they're passionate about, like setting up a café in the hills or starting a podcast!

Trying something new requires persistence and focus, but going outside our comfort zone is often where the shift happens. Our willingness to do this may be shaped by our personality and upbringing, but it's never too late to make small changes in how we live – changes that can help us enjoy our later years more fully. And if **meeting friends counts as a hobby**, that's the icing on the cake! **BG**

Mind It!



NO HEALTH WITHOUT Mental Health



Consultant Psychiatrist **Dr Nirmee Shah** on the importance of prioritising mental health

We often hear the term “mental health”, but what does it actually mean?

Mental health is a healthy state of mind which helps us understand how we feel and what we think. It allows us to cope with challenges and navigate life. It allows us to build fulfilling relationships. It allows us to take care of ourselves.



of mental illness. It is a healthy state of mind which allows one to recognise the emotions you're feeling and enables having healthy thoughts. Our mental health can change through different phases in our life based on our experiences or environment or relationships.

We must encourage the practice of attending and caring for our own mental health and well-being and that of our loved ones.

Mental health is not merely the absence

What are some simple, everyday habits we can follow to maintain good mental health and emotional well-being?

These simple, everyday habits support mental and emotional well-being:

- Get enough sleep – This is non-negotiable. Lifestyle modification to ensure adequate sleep routines and sleep duration are necessary
- Be physically active – Regular exercise and being active through the day have huge benefits
- Spend time with people you love and who support you
- Eating well fuels our mind to feel fresh and active
- Pick up a hobby which gives you joy and pleasure
- Avoid excessive screen time and social media
- Share your feelings with someone you can trust
- Practise gratitude
- Avoid excess alcohol. Do not use drugs

When should someone consider seeking professional help or therapy?

If you find yourself struggling to manage your emotions on your own or if your emotions are affecting your relationships, work or everyday life, it may be valuable to seek professional help. Persistent feelings of sadness or irritability, feeling easily overwhelmed, loss of interest or pleasure in previously enjoyable activities, changes in appetite or sleep may suggest a change from your usual emotional functioning. You may feel anxious or on the edge most of the time, you may notice your short-term memory is poor or that you are struggling to focus and concentrate. You may find yourself wanting to avoid meeting people. Errors at work are on the

“Mental health matters. There is no health without mental health. Mental health is at the heart of our overall health. Let’s give it its due!”

10 October is World Mental Health Day

rise. Some people find they need to drink alcohol or use substances to drown their uncomfortable feelings. Do not wait until things become overwhelming. Having a safe, non-judgemental space to talk and understand what you’re going through can be profoundly helpful. Seeking help is a step towards selfcare.

Many people still hesitate to seek therapy because of the stigma and misconceptions attached to it...

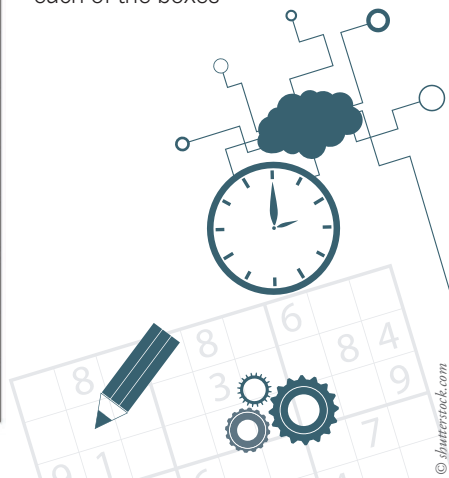
Stigma around mental health has been of concern for a long time. I feel it largely stems from the lack of understanding and awareness about mental health. When we start understanding that mental health is integral to overall health and talking about our emotional difficulties does not make us weak, that’s when lasting change will happen.

I have certainly seen more people come forward to seek help in the last few years. Conversations such as these, education from a young age and awareness programmes will help us overcome the stigma. Each one of us can play our part by starting conversations around mental health. When we all speak about mental health with the same openness and compassion with which we talk about physical health, we will make the idea of seeking support more acceptable and normal. No one should ever feel ashamed to seek help. **BG**

SUDOKU

To solve a Sudoku puzzle, every digit must appear once in:

- each of the vertical columns
- each of the horizontal rows
- each of the boxes



CRISSWORD

Ten five-letter words cross and interlock to complete these crisswords. Some of the letters have already been filled in. Can you fill in the rest? Clues are given.



- 1 Drily witty
- 2 Household task
- 3 Roof overhang
- 4 Enraged
- 5 Mends socks

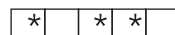
- 6 Small tree
- 7 Grey matter
- 8 Steeps
- 9 Ruin
- 10 Nary a soul (2,3)

SCRAMBLE

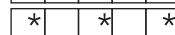
Solve the four anagrams and move one letter to each square to form four ordinary words

Arrange the letters marked with an asterisk (*) to form the answer to the riddle or to fill in the missing words, as indicated:

HIDES



OSLUY



OSTUCM



OOPSHW



The value of experience is not in seeing ____, but in seeing ____.- William Osler (4,.,6) **BG**

(All solutions on page 35)



Bombay Gymkhana Library

OCT
'26

UPCOMING EVENTS

SAT 10

The Storyboard

11 am to 12.00 noon



CHILDREN BOOK CLUB

TBA

MON 12

LIBRARY

5.30 - 6.30 pm

BOOK CLUB

THEO OF GOLDEN



Allen Levi

WED 21

1875

6 pm - 7 pm

BG CONVERSATIONS

with

DR. GAUTAM LAUD

Dentist

Details to follow

FRI 30

1875

5.30 pm onwards

MOVIE NIGHT

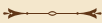
THE IMPORTANCE OF
BEING EARNEST

A film by Oliver Parker

FOR MORE INFORMATION LOOK OUT FOR OUR
DETAILED POSTERS OR CALL/VISIT THE LIBRARY

In Memoriam

The Bombay Gymkhana
deeply regrets the sad
demise of:



Mahendra Vasantrao Doshi
6 August 2025



SOLUTIONS

SUDOKU

2	1	7	3	9	8	6	5	4
3	8	6	1	4	5	9	7	2
5	9	4	7	6	2	1	8	3
4	3	1	9	8	7	5	2	6
9	7	2	4	5	6	3	1	8
6	5	8	2	1	3	4	9	7
8	4	3	5	2	9	7	6	1
1	2	5	6	7	4	8	3	9
7	6	9	8	3	1	2	4	5

CRISS WORD



SCRAMBLE

The value of experience is not
in seeing **much**, but in seeing
wisely. - William Osler

Answer
Shied, lousy, custom, whoops
Words

GET YOUR DIGITAL COPY!

To receive the electronic version
of *Black & Gold*, send an email to
agm.relations@bombaygymkhana.com. You can also download it
from the BG App.

The Fat-finger SYNDROME

Sunita Rajwade warns of the consequences of tiny screens meeting not-so-tiny fingers

The other day I overheard two women talking about online scams. Ever since I was scammed last year, my ears always prick up when I hear the word 'scam'. It seems that online scamming is one of the hazards of being a senior citizen. Old people, particularly those living alone, have always been targets of scammers posing as friends of their children living overseas. After gaining the confidence of these poor folk, the scamsters happily diddled the old person for either a meal or some cash. This was more common in the analogue era when phone calls were rare, letters were slow and communication between overseas children infrequent.

Nowadays, with elders being upgraded to Senior Citizens, we are smarter versions of our grandparents. We are healthier, fitter, sharper. And even tech-savvy. Many of us are still 'working', living independently and actually enjoying the money we have earned since our children are well placed and not relying on any inheritances. However, there is a new way of being scammed – online. With the internet taking over daily transactions, even a simple task like receiving a gas cylinder requires an OTP. And every day, the scams are getting more and more elaborate. From simple fraudulent telemarketing scams to fake messages of deposits made in your bank account to even traffic offence notices from non-government-issued phones, the scammers are getting more and more ingenious. Scamsters just want you to click the link and voila, your phone is hacked and you can stand to lose a whole

load of money.

No wonder there are reels, WhatsApp messages and public service announcements warning people to beware of answering messages from unknown numbers, or responding to messages from similar sounding digital IDs .

But despite all these warnings, people are still getting scammed. And oftentimes, it is inadvertent simply because of the fat-finger syndrome. One wrong jab can mean a loss of thousands if you inadvertently agree to pay for something when you wanted to deny it. Or it could mean someone grabbing your details, hacking into your accounts and withdrawing all your money.

This, compounded with the habit of reading messages on mobile phones without one's spectacles, is a recipe for disaster.

When I first heard of the word, I was startled to find the ease with which 'fat' was used. I thought, like other unflattering adjectives, this word was banned from everyday vocabulary. It's okay to use the word to describe a food group or a salary, but woe betide if you use it to describe a person.

But what exactly is the fat-finger syndrome?

Simply put, it is jabbing the wrong letter, number or key on a small mobile keyboard because of the fat finger!

So, read the message carefully and slowly before you jab the link. Especially if you have a fat finger. **BG**





SEAMLESS VIEWS - TIMELESS ELEGANCE

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At Lenz Properties, we bridge aspirations with opportunities. Backed by 23 years of market experience, we bring carefully curated land options across Maharashtra and Dubai helping our clients invest with clarity and confidence.



LAND | LIFESTYLE | OPPORTUNITIES | BEYOND BORDERS

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What We Do

Unlocking High-Yield Land across Maharashtra & internationally.

We curate, market and monetize prime Non-Agricultural (NA) plots, agricultural acreage, resorts and international developments. From the lush corridors of Maharashtra, Karjat, Panchgani and Konkan to global markets, we turn strategic real estate into effortless wealth generators.

For Our Investors

Where Wealth Grows Faster 15% to 40%+ Returns.

Why settle for standard yields when your capital can thrive? We handpick pre-vetted, high-growth land opportunities designed to beat market averages and systematically scale your wealth portfolio. When you invest with Lenz, you gain calculated, assured profitability backed by 23 years of market intelligence.

For Our Landowners

Don't Sell Low—Earn Lifetime Returns with 5-Star Brands.

Your land holds immense potential and we make sure you realize every bit of it. Through Joint Ventures (JV's), master marketing and direct tie-ups with elite 4-star and 5-star resort brands, we elevate your land's true market value. Partner with us to convert raw acre into luxury hospitality hubs and high-value plot sales that yield residual, lifetime returns.

The 23-Year Legacy Where India's Elite Invest, Reinvest and Multiply Wealth.
Upgrade your portfolio today. Connect with Lenz Properties.



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